

Better Eating Better Learning: A new context for school food

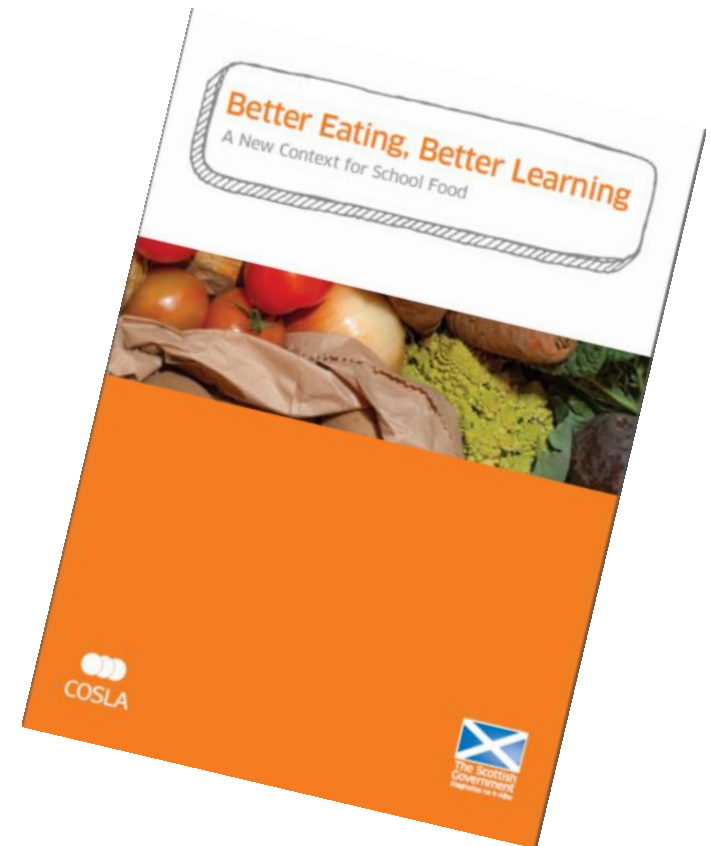
Workshop C Health – Partnership – Learning

Where are we now, the need for dietary change
and encouraging knowledgeable consumers

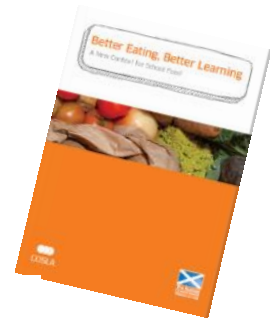
How does school food promote good food choices,
why do menus matter?

How well do suppliers, teachers and catering staff
Understand their role?

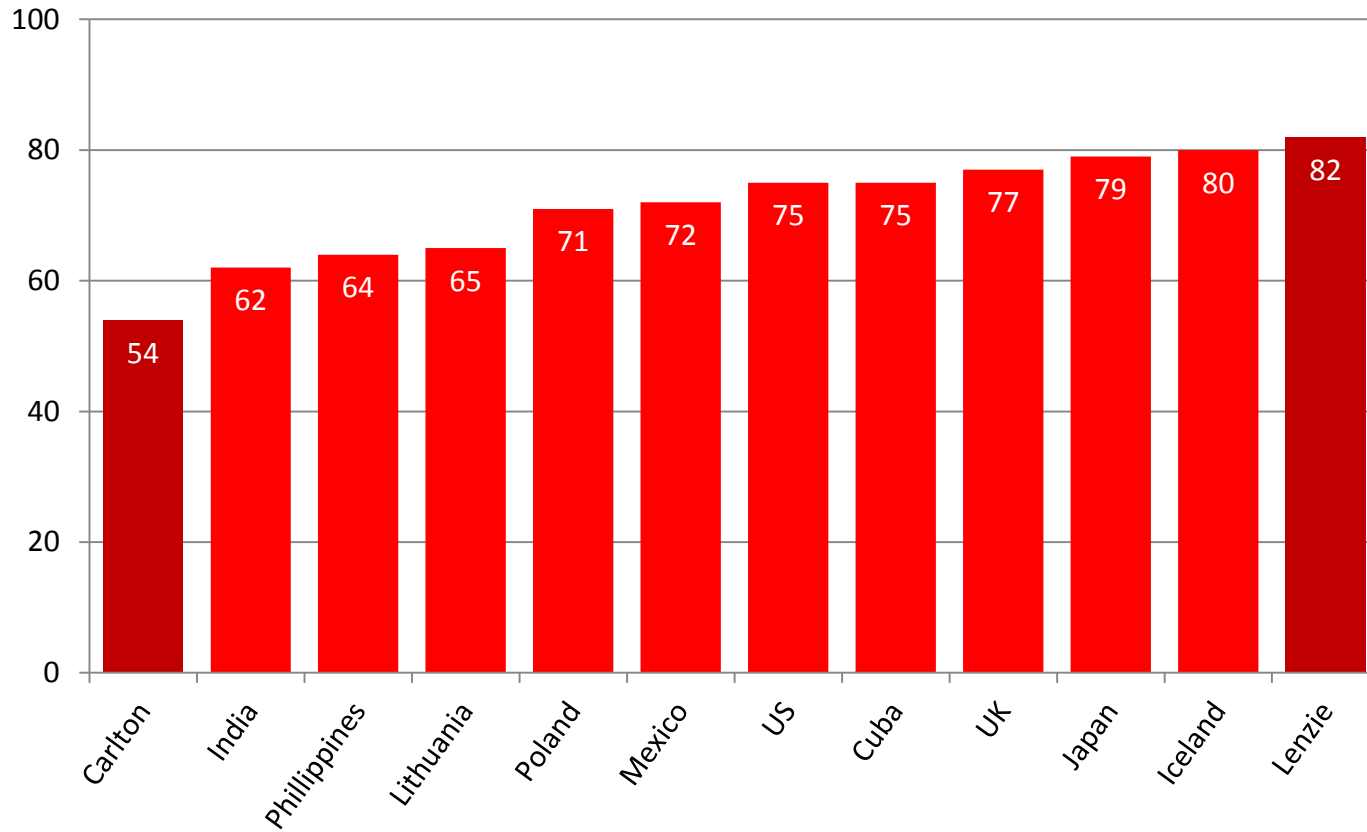
Andrew Kennedy, Acting Head of Facilities Management, East Ayrshire Council
Claire Hislop, Development Manager – Food & Health, NHS Health Scotland



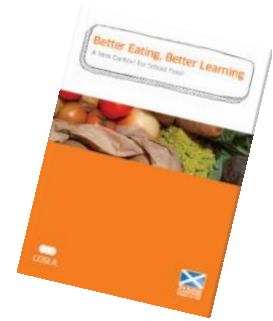
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MALE LIFE EXPECTANCY AT BIRTH



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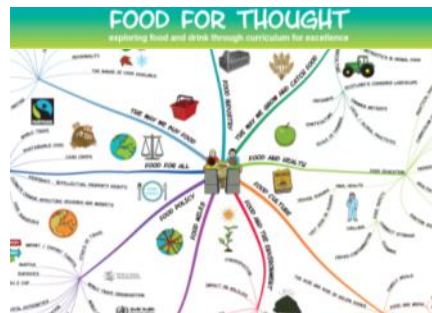


What we have

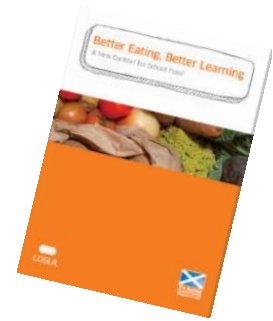
Schools have **a duty to be health promoting** and are ideally placed to make a positive influence on dietary choices and health of children and young people.

Setting **exemplar standards** in food provision in schools and across the wider community can play a central role on achieving the Scottish dietary goals

Schools can help **address health inequalities** with free school meals playing an important contribution to the diet of children and young people in low income communities.



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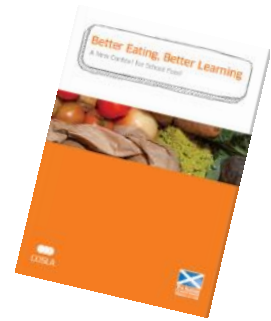


Question?

What training is in place for all staff, teachers and caterers on aspects of the Act, eat well plate & food and health?



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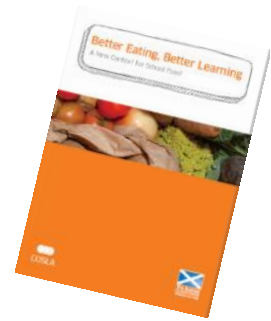


Question?

How does food education and school food provision drive dietary change through influencing the food choices made by children and young people?

marketing
Fresh unprocessed foods Cooking skills
High street competition Inequalities
Consistent message Involvement of pupils Attractive presentation
Active Lifestyles Positive experiences
Where does my food come from? Variety, choice & new options
Diet advice Lead by example What's in my lunch?
Develop good eating habits

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Question?

How is responsibility and accountability for food and health shared between relevant parties?

