

Becoming a Good Food Nation

The Scottish Food Commission – Supporting Change

APSE Soft FM Advisory Group Meeting

June 2026



Current Challenges in Scotland's Food System

Health inequalities

Food insecurity

Environmental impact

Economic pressures, food security and resilience

Need for coordinated policy



The Act

Good Food Nation (Scotland) Act 2022

VISION

To enable Scotland to be



a Good Food Nation, where people from every walk of life take pride and pleasure in, and benefit from, the food they produce, buy, cook, serve, and eat each day. ㄿㄿ



Six primary outcomes in the National Plan

1

The food environment in Scotland enables people to eat well. Everyone benefits from reliable and dignified access to safe, nutritious, affordable, enjoyable, sustainable and age-appropriate food

2

Scotland's food system is sustainable and contributes to a flourishing natural environment on our land and in our waters. It supports our net zero and climate adaptation ambitions and plays an important role in protecting and improving animal health and welfare and in restoring and regenerating biodiversity.

3

Scotland's food environment and wider food system enables and promotes a physically and mentally healthy population. This leads to the prevention of, and a reduction in, diet-related conditions.

4

Our food and drink sector is prosperous, diverse, innovative, and vital to national and local economic and social wellbeing. It is key to making Scotland food secure and food resilient, and creates and sustains jobs and businesses underpinned by fair work standards throughout food supply chains.

5

People and communities are empowered to participate in, and shape, their food system. Scotland has a thriving food culture with a population who are educated about good and sustainable food.

6

Decisions we make in Scotland contribute positively to local and global food systems transformation. Scotland actively engages in learning and exchanging knowledge and best practice internationally.

Purpose of the Scottish Food Commission



INDEPENDENT, STATUTORY
BODY.



SCRUTINISES, ADVISES, AND
MAKES RECOMMENDATIONS ON
GOOD FOOD NATION PLANS.



CONDUCTS RESEARCH,
MONITORS PROGRESS, AND
PROVIDES EXPERT ADVICE.

Scottish Food Commission

An independent oversight body

OUR VISION



*Making
food work
for all. 55*

OUR PURPOSE



We lead stewardship and oversight of the Good Food Nation Act by engaging diverse perspectives, scrutinising and applying constructive challenge, building mutual understanding and common ground, learning from best practice at home and abroad, to drive transformational change of Scotland's food system into a fairer, healthier and more sustainable system for all. 55

The Commission's Role in Supporting/Challenging Relevant Authorities:



Provides guidance and advice during plan development and implementation



Monitors and reviews effectiveness of local plans



Shares best practice and research



Makes formal recommendations for improvement



Supports meaningful, achievable, and locally relevant plans



Holds relevant authorities to account for statutory duties, including key principles

Governance and Organisational Set-Up



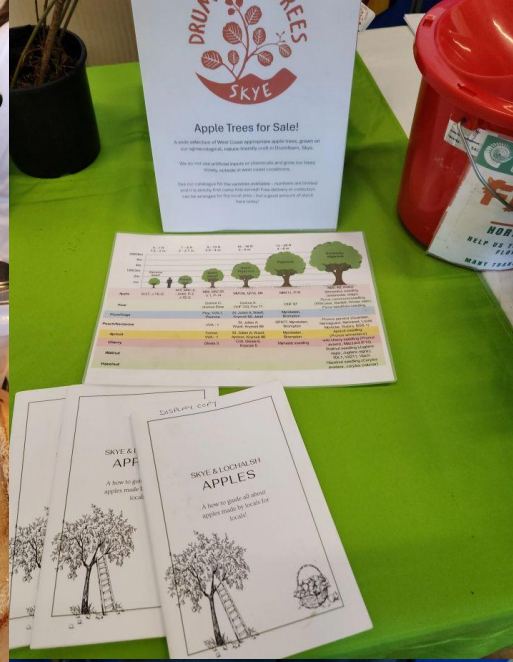
**STRONG GOVERNANCE
FRAMEWORK**



**SKILLED CORE TEAM
RECRUITMENT**



**EARLY OPERATIONAL
PRIORITIES**



what is growing in
POLYTUNNELS at the moment

Some this season:

- Red russian Kale
- Radish
- White turnips
- Brassica Salad: Rocket, mibana, wiza
- Pak choi
- Minox Cabbage

Overwintered

- Chards Red, Canary, Candy Strip
- Fennel
- Celery
- Spring onions
- Spring greens
- Perp. Spinach
- Parsley
- Salad: Lettuce, Charril, Dill

Feel Heal Real Food

Sat. 25th April 2026: 11am - 4pm
Broadford Hall IV49 9AG
Drop in. Free entry.

Talks, workshops, grow your own, stalls, food & drinks

More info:
www.diyurl.com/feel-info
ReRef@higherm.acst



Roasay Broccoli Pesto

- Broccoli stems, heads, leaves, Pears
- Garlic greens
- Nutritional yeast
- Vegetable oil
- Salt + Pepper
- Dairy + Gluten Free

Try me

Roasay Allotment Garden

APPLIED BY THE COMMUNITY ALLIANCE AND THE HIGHLAND COUNCIL

Run throughout the year

Dogs welcome on leads

- Rose beds
- Community allotment plots
- Toilet facilities

ADEN OR FOLLOW ALONG FOR UPDATES

Located on the road to Osaig, behind Roasay House. A 5 minute walk from the ferry terminal.

Roasay Allotment

Feel free to ask if you have any questions

At Osaig Gardens we have developed an environmental approach to farming embracing no-dig techniques, minimal plastic use, and outdoor growing adapted to Osaig's harsh climate. We have developed no-dig beds for vegetables, planted native woodland, and established a thistle blueberry plot.

Our mission is to create food that thrives naturally in the environment, ensuring resilience and climate change by avoiding traditional plastic-covered polytunnels and plastic ground mulch, we grow hardy crops suited to the West Highland climate, starting seedlings in a greenhouse and then transposing them outdoors to face the elements.

The key principles that guide our work are as follows:

- Community - we farm with and for the community, exchanging things such as knowledge, skills and materials as well as providing nutritious food for our village and the wider area

Connecting with Food System Actors

Scotland Food and Drink Partnership

FDF Scotland

NatureScot

NFUS

AHDB (Agriculture and Horticulture Development Board)

Zero Waste Scotland

Food Standards Scotland

Public Health Scotland

SAOS (Scottish Agricultural Organisation Society)

FFCC (Food, Farming and Countryside Commission)

Community Food Groups

NGOs

Rowett Institute; SRUC

ASSIST FM Forthcoming Webinars



Yet to connect:

Retailers

Convenience
Stores

Hospitality

Some
academics:
Moredun



Ministerial Responsibility

TBC



Developing the Commission's Strategy



Multi-year strategy development



Alignment with National commitments



Engagement Activities



Partnership and Ownership

Planning Joint Good Food Nation Plans



Existing and new local/regional food planning groups

Joint Consultation

Recording the process over the next 24 months

High level versus specific legal advice based on regional variations



Get in touch:

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