



APSE Central Region Event

Liveable and healthier neighbourhoods
Including live tour to see Derby's award-winning
scheme in action!

Tuesday 14 October 2025

Leonardo Hotel, Derby



Derby City Council

ACHIEVEMENT
AWARDS 2025
THE MJ

Best Council Services Team
WINNER

FREE event
for Central
region
members



Programme

9.30am Registration and refreshments

10.00am **Session One:**

Welcome from the Chair: Cllr Mark Pengelly

Opening Address: Cllr Carmel Swan

Cabinet Member for Climate Change, Transport and Sustainability

Sam Dennis, Strategic Director of Place
Derby City Council

Derby's MJ award-winning scheme: School Streets, Partnering for Success

- The moving traffic enforcement journey which Derby City Council has been through
- Implementation of Safe Havens outside schools and the positive impact achieved
- Collaboration with other Local Authorities to help them achieve improved road safety

Rob Shoebridge

Group Manager – Traffic and Transportation
Derby City Council

Cycle Derby & Livewell

Mark Smith

Physical Activity & Health Operations Manager

10:30am **Tour of Derby City:**

We will embark from the hotel on a walking tour of the city centre to see some key council achievements before heading to the School Streets by coach to see the scheme in action.

- Pavement Parking ban, City Centre
- Digital Enforcement Hub, Riverside Chambers
- Museum of Making
- Coach to School Safe Haven
- Coach Return to hotel



12pm: **Lunch at hotel**

12:45 **Session Two**

Transport Planning – the future can be bright!

This session explores how we can knit together the many strands of modern transport planning to create a future that is equitable, sustainable, and human-centred.

Jo Ward

Transport Strategy and Policy Expert and Author:
We All Ride Bikes Now!

Interim Strategic Transport Team Leader
Oldham Council

North Northamptonshire's Journey through Reorganisation

- **Strategic Transformation:** An overview of how leisure services have evolved through reorganisation, raising the profile of leisure and its impact on the community, partnership building throughout the organisation, development of Active Communities Framework
- **Integrated Partnerships:** Highlighting the collaborative approach between in-house teams and external operators to create a cohesive, high-quality leisure network.
- **Future-Focused Impact:** Showcasing the growing emphasis on health and well-being, including Corby's pioneering programmes, and the ambition to expand specialist services across the wider NN area.

Julie Cardwell and Kerry Purnell

Head of Leisure Services / Assistant Director
North Northamptonshire Council

Audience question and answer session

Active Menopause Programme

- Supporting women going through perimenopause or menopause and helping them become more physically active.
- Demonstrating the power of physical activity when incorporated with overall self-care in the management of perimenopause or menopause symptoms.
- Provide the right support and communication to normalise the menopause and to empower women and encourage sharing of information and experiences.

Emma Knight and Caren Goswell

Health and Wellbeing Team Leader / Wellbeing Development Officer
North West Leicestershire District Council

A holistic approach to health and wellbeing

- Rugby's Corporate Strategy
- Making connections to health and wellbeing
- The importance of social value

Tom Kittendorf

Chief Officer – Leisure and Wellbeing
Rugby Borough Council

Audience question and answer session

14:00 Close

About

Join us in Derby for a day covering all aspects of creating liveable, safer and healthier neighbourhoods. This will also include a hands-on **guided tour** to see **Derby City Council's MJ Award-winning School Safe Havens scheme** in action, a visit to their Digital Enforcement Hub and successful pavement parking ban, all of which are paying huge dividends in increasing the health and wellbeing of residents across the city by changing driver behaviour in a positive and constructive manner, reducing air pollution and congestion.

This will also be an opportunity to hear from a wide range of speakers including a leading active transport strategy expert, and leading councils from across our region who are innovating on promoting healthier lives across their districts.

We'll also have an insight into how **Local Government Reorganisation** will have an impact on these services based on a successful authority's journey through LGR.

This will be an insightful, interactive and hands-on day that will be of interest to all local authority officers and elected members, and especially those with an interest in transport, planning, public realm, enforcement, greenspace, culture, leisure and wellbeing services.

Prices

APSE Central delegate: FREE

APSE Member delegate fee (other regions): £179+VAT

Non-member delegate fee: £99+VAT

Commercial: £375+VAT

Location

Leonardo Hotel
Street Ln, Derby
DE1 2AB

Directions: Parking available at hotel and nearby. The hotel is situated to the north of the City Centre close to major road A601. 20-minute walk from Derby Station.

Note: Please wear sensible shoes and outdoor clothes (e.g. raincoats/umbrellas if necessary) to be able to join the tour which will be within the city centre (5-10 minute walk) followed by a coach journey to the School Safe Haven Street before the coach will return delegates to the hotel for lunch and the afternoon presentations.

In the case of inclement weather, the tour may not go ahead, however the seminar event will still go ahead and begin at 10am so please arrive promptly in any case; the presentations would go ahead in the morning in place of the tour, followed by lunch.

[Book your place on this FREE event here](https://www.apse.org.uk)

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