

Delivering Inclusive Public Spaces

Inclusion, Belonging &
Healthier Communities

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What Does Inclusion Feel like?

- Feeling safe in your neighbourhood
- Accessible services delivered with dignity
- Young people having positive spaces
- Elderly residents feeling connected
- Residents feeling safe in public spaces
- Communities feeling genuinely heard

Inclusion is not just representation - it is belonging.

Why Belonging Matters

Health and wellbeing are influenced by:

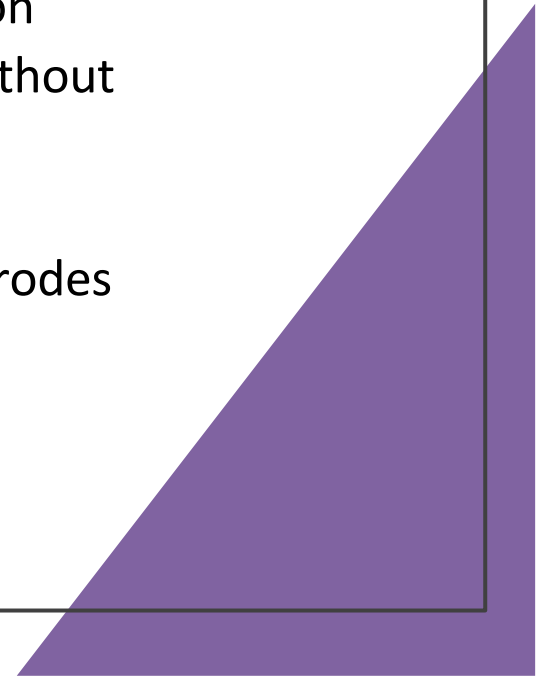
- Housing
- Employment
- Poverty
- Community safety
- Green spaces
- Loneliness & isolation
- Transport & opportunity
- Trust in public systems

The Reality of Inequality

Exclusion is often cumulative:

- Being unheard
- Inaccessible services
- Lack of representation
- Systems designed without lived experience

Over time, exclusion erodes trust.



Health Inequalities Are Shaped by Community Inequalities

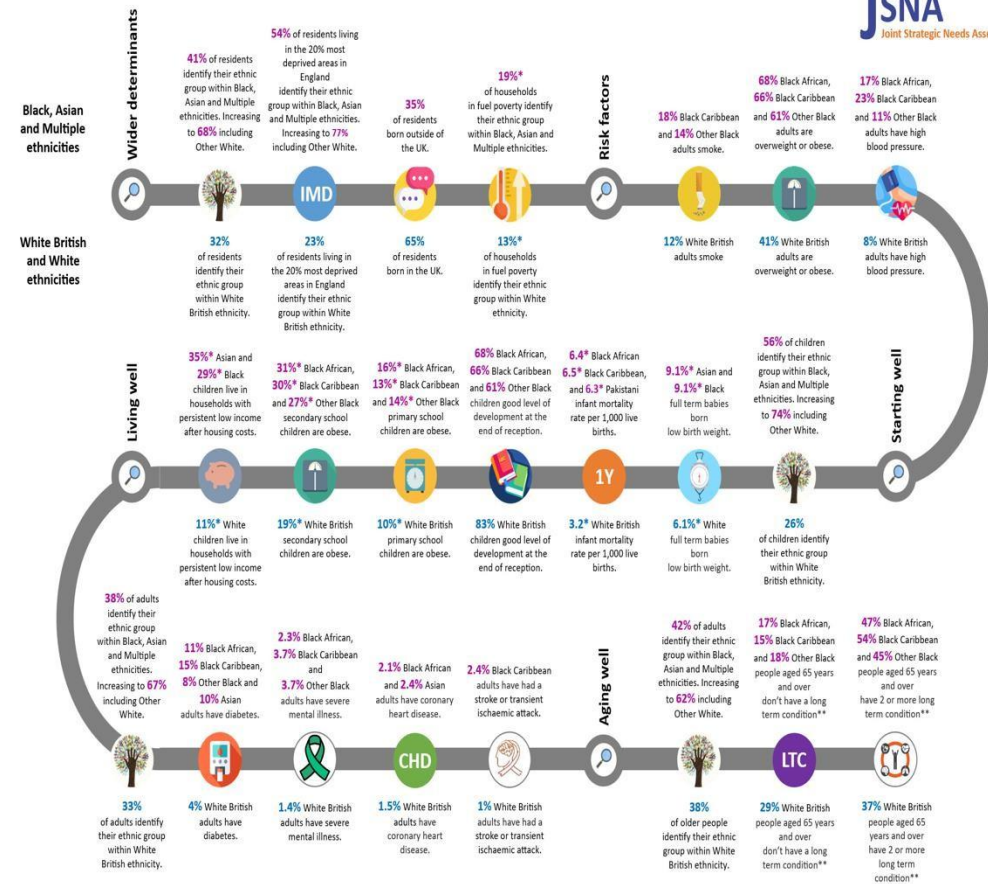
- Health outcomes are shaped by more than healthcare alone
- Poverty, housing, isolation, stress and trust all influence wellbeing
- Cardiovascular disease disproportionately impacts deprived and racially minoritised communities
- Prevention works best when it is community-informed and culturally competent
- Inclusive public services are part of public health prevention

Understanding Inequalities in Lambeth

- Significant variation exists in cardiovascular health outcomes across Lambeth communities
- Black African and Black Caribbean residents experience higher rates of obesity, hypertension and diabetes
- Wider determinants such as deprivation, housing and food insecurity shape outcomes
- Tackling inequality requires prevention, trust and targeted engagement

Within Lambeth we see significant population inequalities across a range of health and wellbeing measures

Lambeth
JSNA
Joint Strategic Needs Assessment



*National or regional evidence.
**from defined list of long term conditions.
Please note population characteristics are taken from Lambeth resident registered patients and wont match Census 2021 figures.

Community- Based Prevention in Lambeth

- Health & Wellbeing Bus delivering outreach in areas of higher need
- Health checks in workplaces targeting residents less likely to access GPs
- Faith and community settings used to build trust and engagement
- Beacon hubs supporting healthy eating and prevention initiatives
- Pharmacies helping improve blood pressure management
- Thriving Communities approach rooted in neighbourhood partnerships

Early Impact & Learning

- Over 4,000 workplace health checks delivered
- Fruit & Veg on Prescription programme associated with clinically significant reductions in blood pressure
- Targeted primary care work helping narrow gaps in BP management
- Prevention works best when services are trusted, local and culturally responsive

Inclusive Leadership

Public spaces may be technically
open to everyone...

...but not equally experienced
as:

- Safe
- Accessible
- Welcoming
- Representative

Compassion in Public Service

People want leadership that is:

- Visible
- Compassionate
- Competent
- Trustworthy
- Relational

Behind every case is a person
trying to live with dignity.

From Consultation to Co- Production

Meaningful inclusion requires:

- Listening early
- Genuine engagement
- Shared decision-making
- Institutional humility
- Collaboration over transaction

The Moments That Matter

- A resident finally feeling heard
- A young person feeling believed in
- A family accessing support early
- An elderly resident no longer feeling invisible
- A community feeling respected

Moving Forward

Meaningful inclusion requires:

- Courage
- Collaboration
- Sustained commitment
- Accountability
- Community partnership

Not performative inclusion.

Not box-ticking.

But meaningful change that
improves lived realities.



Thank You

Inclusive public spaces
should be places where
people are able to thrive.