



# Programme / Booking

## About the Seminar

Discover how local councils are encouraging and sustaining physical and recreational activity in communities across Northern Ireland. This online seminar will examine how local authorities are engaging people of all ages, including those with long-term health conditions, who need support or motivation to stay active and participate in society.

**A FREE event for APSE member councils**, join us online and learn how local authorities and partner organisations are empowering communities and securing better mental, physical and social outcomes for people across Northern Ireland.

### 10:00 Session One

#### **Children's sport participation and physical activity**

- Insights into the state of children's sports
- Challenges of getting children more active
- Next steps for increasing participation

**Ali Campbell, Programme Manager, Sport NI**

#### **Maintaining a successful in-house model for leisure**

- Optimising participation through effective programming
- Continuous investment and innovation in our leisure facilities
- APSE Service Award winner 2023

**Deaglan O'Hagan, Head of Leisure Operations, and Matt McDowell, Director of Parks and Leisure, Antrim and Newtownabbey Borough Council**

#### **Sports development gets everyone in ABC moving**

- Get Communities Moving
- Get Places Moving
- Get People Moving
- Get Systems Moving

**Gillian Dewart, Sport Development Manager, Armagh City Banbridge and Craigavon Council**

*Audience question and answer session*

11:25 Comfort Break

### 11:35 Session Two

#### **Active ageing across Derry City and Strabane District**

- Supporting the over 50's population in our community
- Collaborative working
- Inclusion of Lived Experience on Age Friendly Journey
- Next steps

**Ciara Burke, Age Friendly Co-ordinator, Derry City and Strabane District Council**

#### **Be kind to different minds**

- Supporting the 35,000 autistic people living in NI
- How councils can lead the way
- Examples of best practice approaches to accessibility and inclusion

**Christine Kearney, Director of Development, Autism NI**

#### **Fermanagh and Omagh District Council: A welcoming, shared and inclusive district**

- Our Aim
- Engage and Empower
- Improving accessibility and removing barriers

**Matthew Nevin, Access Inclusion Officer, Fermanagh and Omagh District Council**

*Audience question and answer session*

13:00 Seminar close

>> **Click [here](#) to reserve your place** <<