



Glasgow's Approach to School Meals

Glasgow's School Estate



113 Early Years

182 Primary, Secondary & ASN Schools

37,000 Meals Served

How Do We Plan Education Meals?



Our Primary Menu




Primary Menu 2024

Starts 15th April

We also offer
Homemade soup with a selection of bread



Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.

- ✓ All meals include choice of plain semi-skimmed milk and refresh water
- ✓ All options include – yoghurt and fresh fruit for dessert
- ✓ All dishes are served with a choice of seasonal vegetables or side salad

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|---|---|---------------------------------------|--|--|
| Soup (V) | Lentil Soup Selection of Bread (V) | Vegetable & Rice Selection of Bread (V) | Lentil Soup Selection of Bread (V) | Potato & Leek Soup Selection of Bread (V) | Lentil Soup Selection of Bread (V) |
| Choice 1 | Cheese & Tomato Pizza with Pasta (V) | Sausage & Onions in a Finger Roll Plain or Herb Diced Potatoes | Beef Mince Pie with Potatoes | Turkey Sandwich or Roll | Breaded Fish with Potatoes |
| Choice 2 | Falafel Salad Plain or Spiced Diced Potatoes (V) | Quorn Goujons Plain or Herb Diced Potatoes (V) | Baked Beans on Toast (V) | Fish Fingers Oven Chips or Potatoes | Chicken Mayo Sandwich or Roll |
| Choice 3 | Vegetable Spaghetti Bolognese Garlic & Herb Bread (V) | Baked Potato Cheese (V) | Tuna Pasta Salad | Cheese Toastie (V) | Potato wedges Topped with Vegetable Chilli (V) |

Medical Diet - If you have any dietary requirements please contact the catering manager

(V) Vegetarian
We use UK seasonal produce when available and where possible use Scottish produce



WEEK 1

WEEKLY CYCLE

(2024) 15/4, 6/5, 27/5,
17/6, 12/8, 2/9,
23/9, 21/10, 11/11,
2/12

(2025) 6/1, 27/1, 17/2,
10/3, 31/4




Primary Halal Menu 2024

Starts 15th April

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Homemade soup with a selection of bread



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- ✓ All meals include choice of plain semi-skimmed milk and refresh water
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| Soup (V) | Lentil Soup Selection of Bread (V) | Vegetable & Rice Selection of Bread (V) | Lentil Soup Selection of Bread (V) | Potato & Leek Soup Selection of Bread (V) | Lentil Soup Selection of Bread (V) |
| Choice 1 | Cheese & Tomato Pizza with Pasta (V) | Quorn Hotdog & Onions Plain or Herb Diced Potatoes (V) | Halal Lamb Mince Pie with Potatoes | Halal Chicken Mayo Sandwich or Roll | Breaded Fish with Potatoes |
| Choice 2 | Falafel Salad Plain or Spiced Diced Potatoes (V) | Quorn Goujons Plain or Herb Diced Potatoes (V) | Baked Beans on Toast (V) | Fish Fingers Oven Chips or Potatoes | Banana Sandwich or Roll with Cheese Portion (V) |
| Choice 3 | Vegetable Spaghetti Bolognese Garlic & Herb Bread (V) | Baked Potato Cheese (V) | Tuna Pasta Salad | Cheese Toastie (V) | Potato wedges Topped with Vegetable Chilli (V) |

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Partnership Working



Our Role Within the Glasgow City Food Plan

Glasgow City Food Plan is a holistic 10-year plan, launched in 2020, aiming for Glasgow to be recognised for its good food and as a city where tasty, healthy, affordable food is accessible to everyone. The plan has 6 themes and is based around 3 overarching pillars – Equity, Sustainability and Health.

1. Food poverty - fair food for all
2. Community food
3. Food procurement
4. Food economy
5. Food waste and the environment
6. Children & Young People



Glasgow's Food Waste Reduction Working Group

Short-term working group  permanent group

Progress to date:

Consultation process with all stakeholders

Analysed data from catering teams and the Cypad system

Established the online pre-selection for parents and class mop-ups was not being optimally utilised.

Communications campaign:

Catering Teams

Pupils - Theme days surrounding the subject of food waste

Parents/Carers

Education Colleagues

Waste Warriors – initiative launched



Awards

Glasgow gained the Food for Life **bronze** award in 2021

The award has been renewed on an annual basis

In 2024 Glasgow added 113 early years site to the **bronze** award

Moving forward we are working towards the **silver** award to include 5% spend for organic products

Glasgow benefit from a close working partnership with the Scottish Soil Association team.



Full of Beans Campaign

Our 'Full of Beans' team are delighted at the success of our campaign partner, Glasgow City Council School Catering, for winning a Special Award at the Scottish School Food Awards last week for encouraging pupils to eat more beans and pulses, highlighting their benefits for both health and sustainability. This was selected by members of the advisory board for an individual, initiative, concept or company that has made a significant difference.

The school catering teams fully embraced the city-wide campaign and school menus now include new bean-filled dishes.



Thank You!

Please do not hesitate to contact me at:

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Or visit our Fuel Zone website

[Fuel Zone \(School Meals\) - Glasgow City Council](#)