

The Role of HMIE in monitoring the Schools (Health Promotion and Nutrition) (Scotland) Act 2007

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Learning from HFS: Successes

- LAs are increasingly effective in producing menus which meet the Scottish Nutrient Standards. The nutritional quality of food has improved, and the quality of food was good in most schools.
- Almost all primary schools and most secondary schools have systems to ensure children entitled to free school meals are not openly identified.
- Almost all schools have increased their focus on developing pupils understanding of nutritional aspects of health so that pupils are better prepared to make informed choices.



Learning from HFS: Areas for Development

- Anonymity for pupils entitled to FSM in schools which do not yet have appropriate systems
- More rigorous self evaluation to secure continuous improvement of food provision in schools
- Secondary school should increase the pace of implementation
- Continue to take steps to ensure that pupils have the best possible lunchtime experience

Monitoring of the Act

- Through HMIE school inspection programme
- All schools inspected will be asked to report on progress with Health and Wellbeing
- A sample of schools will include a Health and Nutrition Inspector (HNI)

In all schools:

- We will inspect and evaluate:
 - The effectiveness of the school's planning for health promotion
 - The effectiveness of the school's activities to consult with and involve pupils in health promotion
 - Approaches the school have used to encourage pupils to have a healthy lifestyle
 - The difference actions taken to promote health have made to learners health and wellbeing

In a sample of schools:

- A Health and Nutrition Inspector will be present to cover additional tasks to monitor the implementation of the Act, specifically the nutritional regulations.
- Will involve a meeting with the catering supervisor, as well as pupils, and school staff responsible for health promotion
- Separate report on Health Promotion and Nutrition provided to school and education authority
- Schools failing to meet requirements of the Act may have subsequent follow through activities.

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