



# Schools (Health Promotion and Nutrition) (Scotland) Act 2007

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Directorate



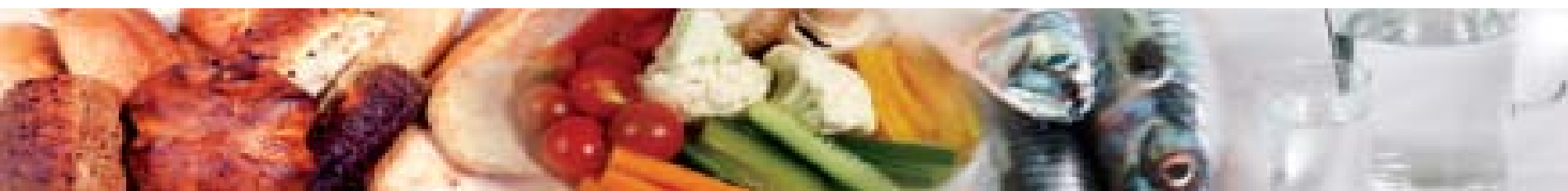


# Scotland – some facts

- Population – 5,062,011
- Total area – 30,414 sq mi
- Highest mountain – Ben Nevis
- Capital city - Edinburgh
- Official languages – English, Gaelic, Scots
- Pupil numbers – 700,000 in publicly funded schools



Image courtesy of NASA



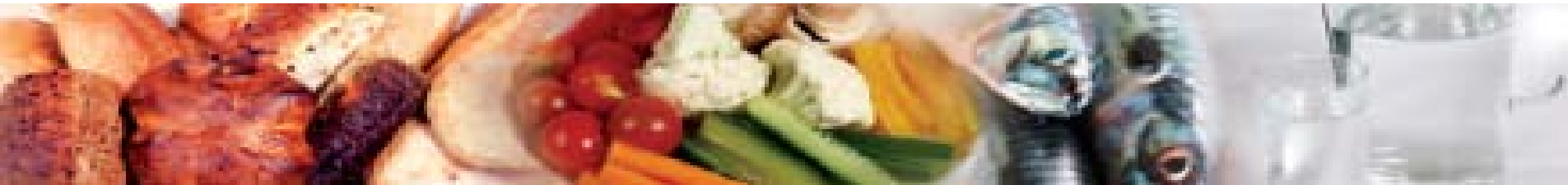


# Policy background

Hungry for Success



Health Promoting Schools

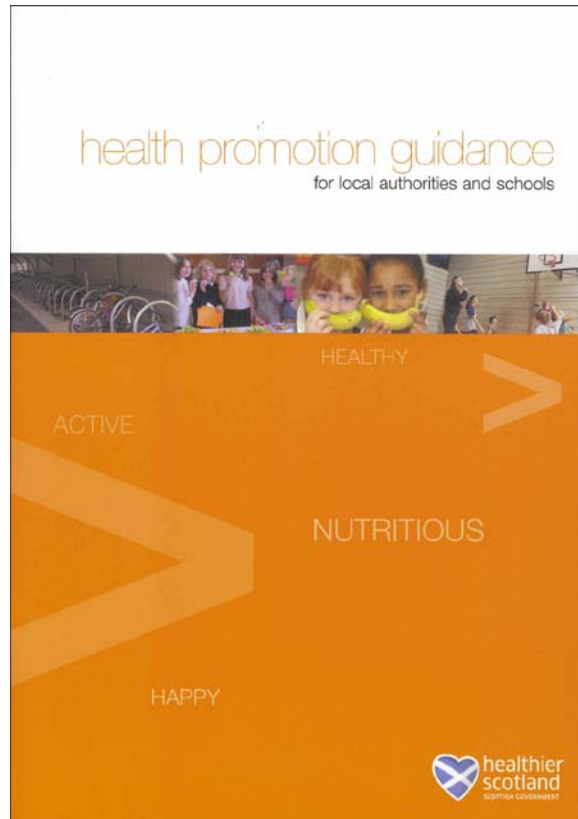


- all schools to be health promoting
- food in schools to comply with nutritional regulations
- power to provide healthy snacks
- consider nutritional regulations when purchasing a place at an independent school



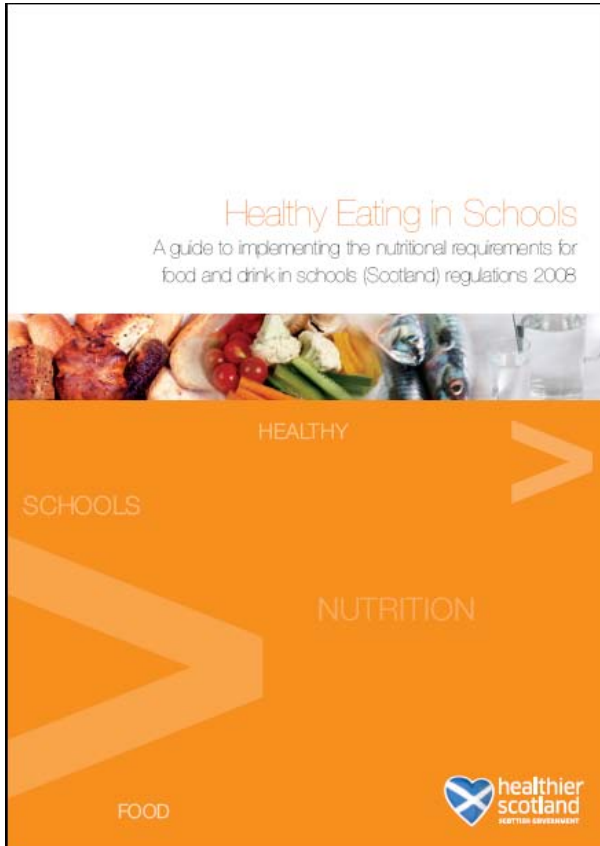
- promote the uptake of school lunches and free school lunches
- protect the identity of pupils receiving free school lunches
- have regard to guidance on sustainable procurement





- health promotion guidance
- to help local authorities and schools implement the duty to be health promoting
- of interest to all partners involved in aspects of health promotion



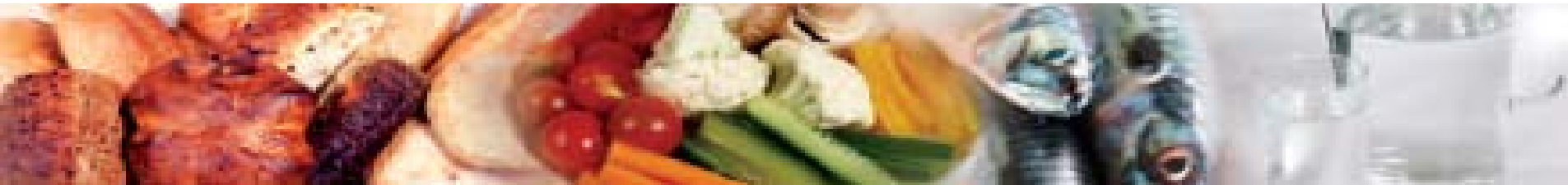


- Healthy Eating in Schools guidance
- regulations commenced in primary schools
- commence in secondary schools in August 2009
- all schools to provide free drinking water





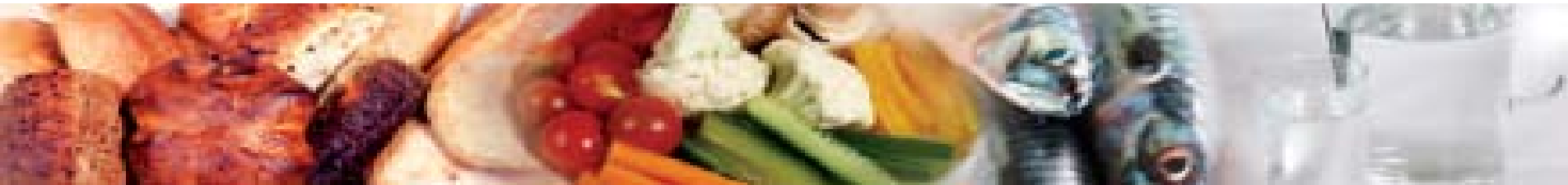
- authorities have to consider sustainable development when procuring food and drink or catering services for schools
- government wants to encourage the supply of fresh, good quality food in schools
- guidance





## Free school meals

- extend entitlement to families in receipt of both maximum working tax credit and child tax credit
- provide all P1-P3 children with free school meals





- health and well being extends beyond the school environment
- Healthy Eating Active Living
- Food and Drink Policy

