Working at Height,

Noise & Vibration

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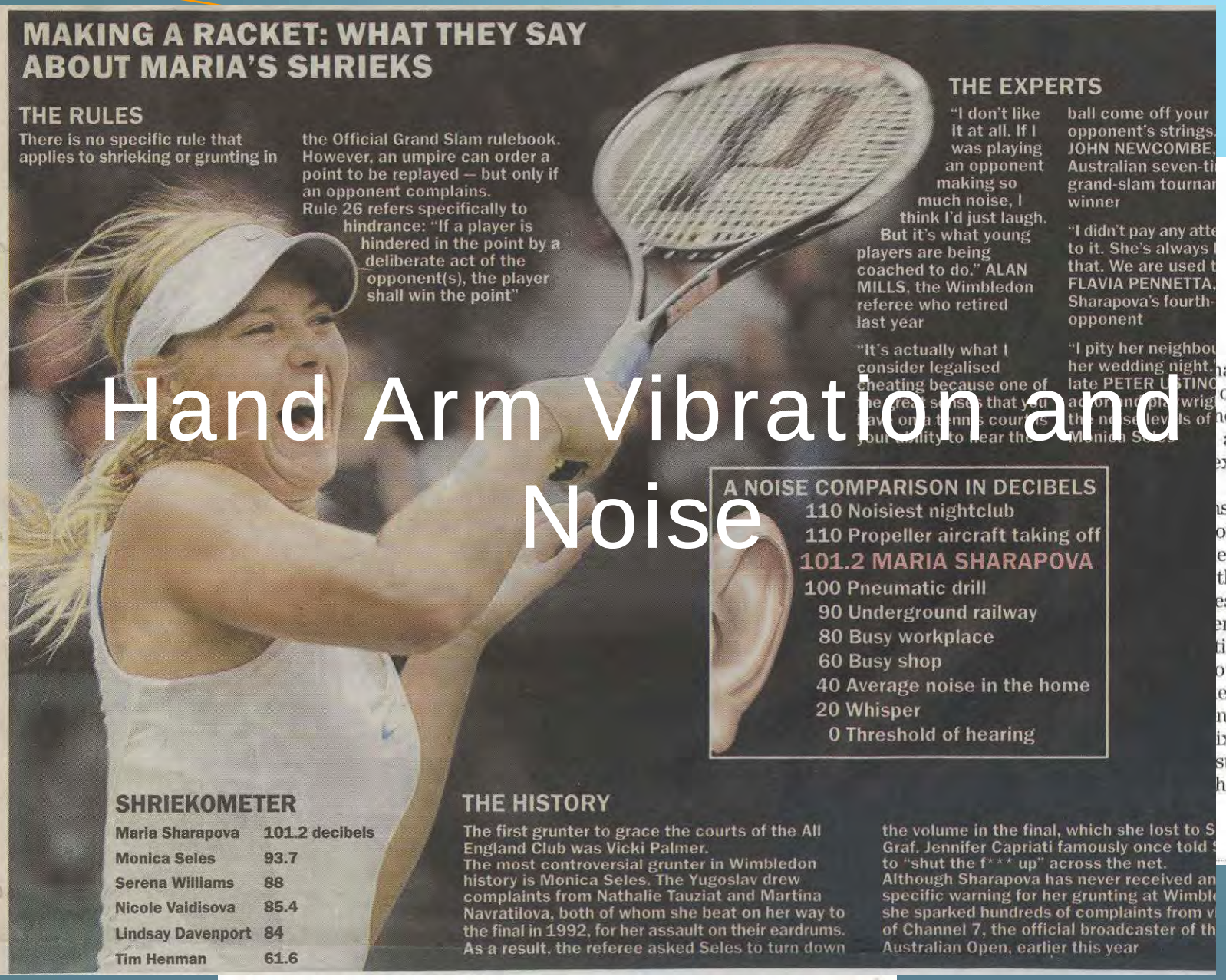
Work at Height

Hand Arm Vibration and Noise



MAKING A RACKET: WHAT THEY SAY ABOUT MARIA'S SHRIEKS

THE RULES

There is no specific rule that applies to shrieking or grunting in the Official Grand Slam rulebook. However, an umpire can order a point to be replayed — but only if an opponent complains.
Rule 26 refers specifically to hindrance: "If a player is hindered in the point by a deliberate act of the opponent(s), the player shall win the point"

THE EXPERTS

"I don't like it at all. If I was playing an opponent making so much noise, I think I'd just laugh. But it's what young players are being coached to do." ALAN MILLS, the Wimbledon referee who retired last year

"It's actually what I consider legalised cheating because one of the reasons that you play on a tennis court is your ability to hear the ball come off your opponent's strings." JOHN NEWCOMBE, Australian seven-ti grand-slam tournar winner

"I didn't pay any atte to it. She's always that. We are used t FLAVIA PENNETTA, Sharapova's fourth- opponent

"I pity her neighbou her wedding night. late PETER USTINO

A NOISE COMPARISON IN DECIBELS

110	Noisiest nightclub
110	Propeller aircraft taking off
101.2	MARIA SHARAPOVA
100	Pneumatic drill
90	Underground railway
80	Busy workplace
60	Busy shop
40	Average noise in the home
20	Whisper
0	Threshold of hearing

SHRIEKOMETER

Maria Sharapova	101.2 decibels
Monica Seles	93.7
Serena Williams	88
Nicole Vaidisova	85.4
Lindsay Davenport	84
Tim Henman	61.6

THE HISTORY

The first grunter to grace the courts of the All England Club was Vicki Palmer.
The most controversial grunter in Wimbledon history is Monica Seles. The Yugoslav drew complaints from Nathalie Tauziat and Martina Navratilova, both of whom she beat on her way to the final in 1992, for her assault on their eardrums. As a result, the referee asked Seles to turn down the volume in the final, which she lost to S Graf. Jennifer Capriati famously once told to "shut the f*** up" across the net.
Although Sharapova has never received an specific warning for her grunting at Wimble she sparked hundreds of complaints from v of Channel 7, the official broadcaster of th Australian Open, earlier this year

Introduction

Overview of the management of work at height, noise and vibration risks within a Local Authority.

Discuss challenges to effective service delivery;

The 2005 Regulations

The Work at Height Regulations

Effective from the 6th April 2005

Control of Vibration at Work Regulations 2005

Effective from the 6th April 2005

Control of Noise at Work Regulations 2005

Effective from the 6th April 2006

The philosophy behind the three Regulations are similar

Working at Height

Last year 45 workers died following a fall from height and 3750 were seriously injured.

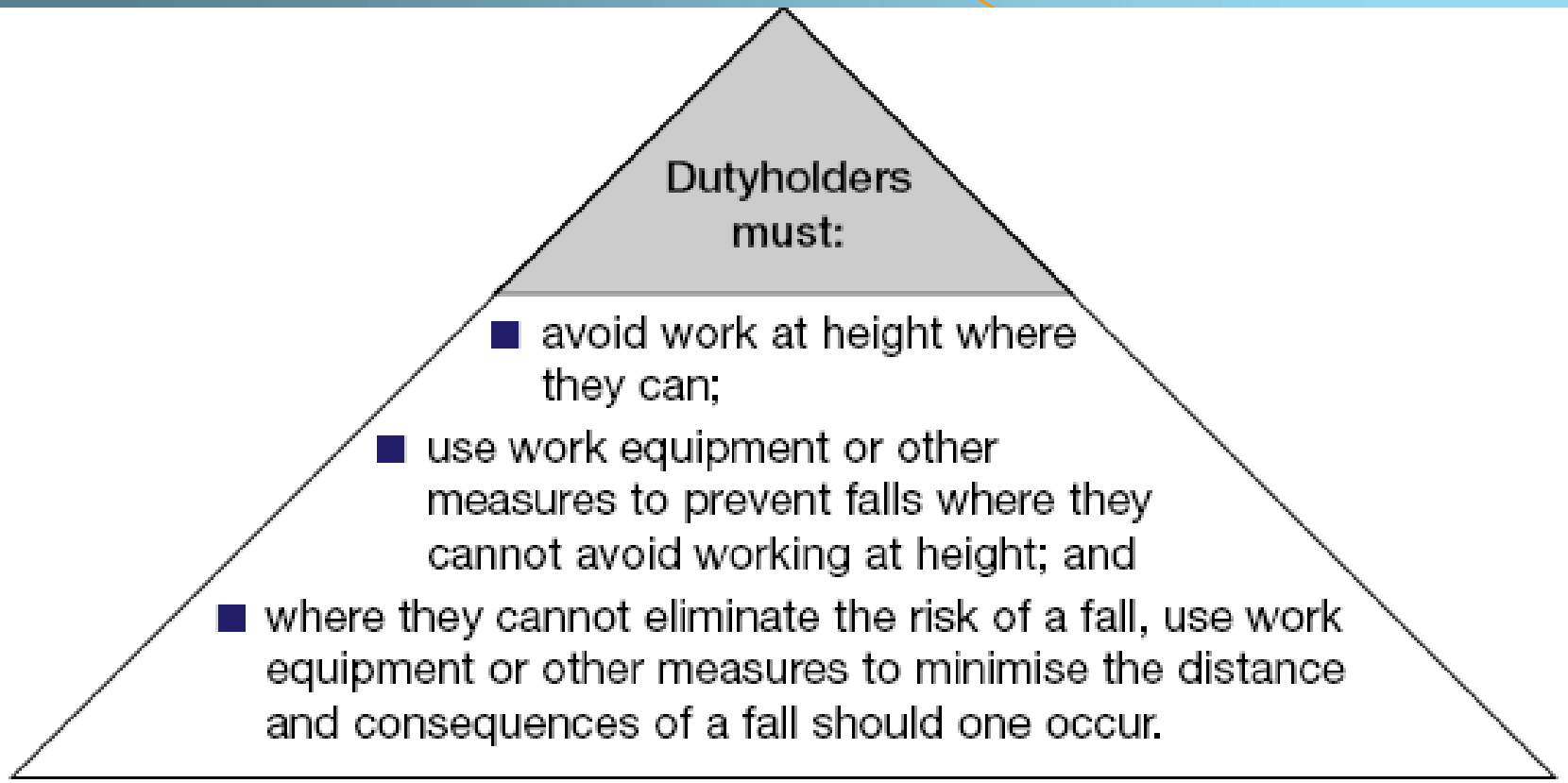
Working at Height

Overriding principle

Regulation 6(3)

You must do everything reasonably practicable to prevent anyone falling.

Work at Height



Dutyholders' responsibilities

Challenges to Service Delivery

Compliance:

- Existing equipment – ladders, step ladders, zip up scaffold – training and education.
- Changing procedures – use of MEWPs
- Vehicle fleet – access to bodies of tippers
- Use of energy efficient bulbs
- Hinged lighting Columns
- Long term – design out work at height

Noise and Vibration

Up to 25% of workforce will either have to cease work with vibrating tools or be restricted in their use

Noise and Vibration

Noise and Vibration

Overview of the management of noise and vibration risks within a Local Authority.

- Measurement of time of exposure – daily exposure issues

- How to ensure that service delivery is maximised

Managing the Control of Noise and Vibration

Identify where there is a Risk due to noise /vibration

Decide who might be harmed

Evaluate risks and develop a plan for control

Record the findings

Review

Identify where there is a Risk- Noise

Not Complex

Noisy Industry?

Use noisy tools for 30mins+? Are there impact noises?

Do you need to shout to be heard over 1 m away?

2m away?

Is there intrusive noise 6h+ per day? – Talk to Employees

Use of personal stereo / I-pod/ MP3 players

Identify where there is a Risk- Vibration

Again, Not Complex

Industry where known to be associated with HAV/WBV

High risk process ?

Manufacturers/suppliers/ hirers warn of risk?

Have any employees been affected by vibration?

Decide who might be harmed

Noise

Look at operators and processes

Those with hearing damage

Visitors, contractors

Vibration

Those who operate tools

Drivers/Passengers (WBV)

Evaluate risks and develop a plan for control

Conduct an assessment of exposure

Information on magnitude

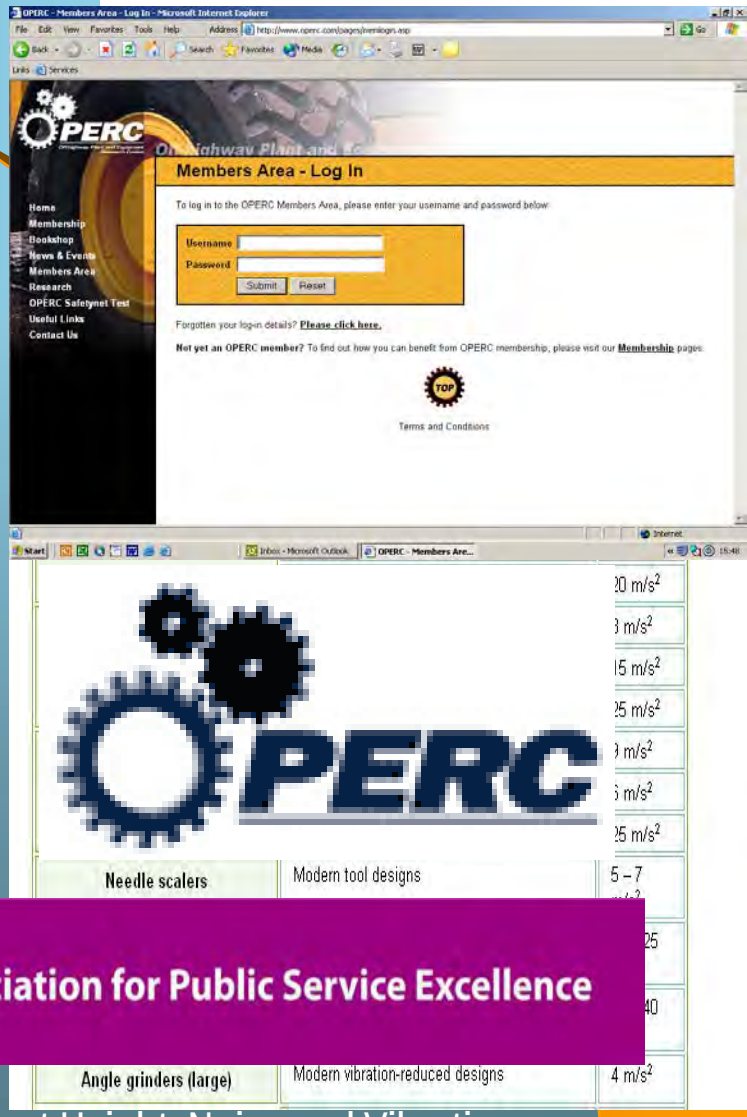
Exposure Time

Evaluate risks and develop a plan for control

Information on magnitude

- Manufacturers Data / Hire Company
- HSE
- Trade/ industry associations
- Measure the actual tool

Exposure Time



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Evaluate risks and develop a plan for control

Conduct an assessment of exposure

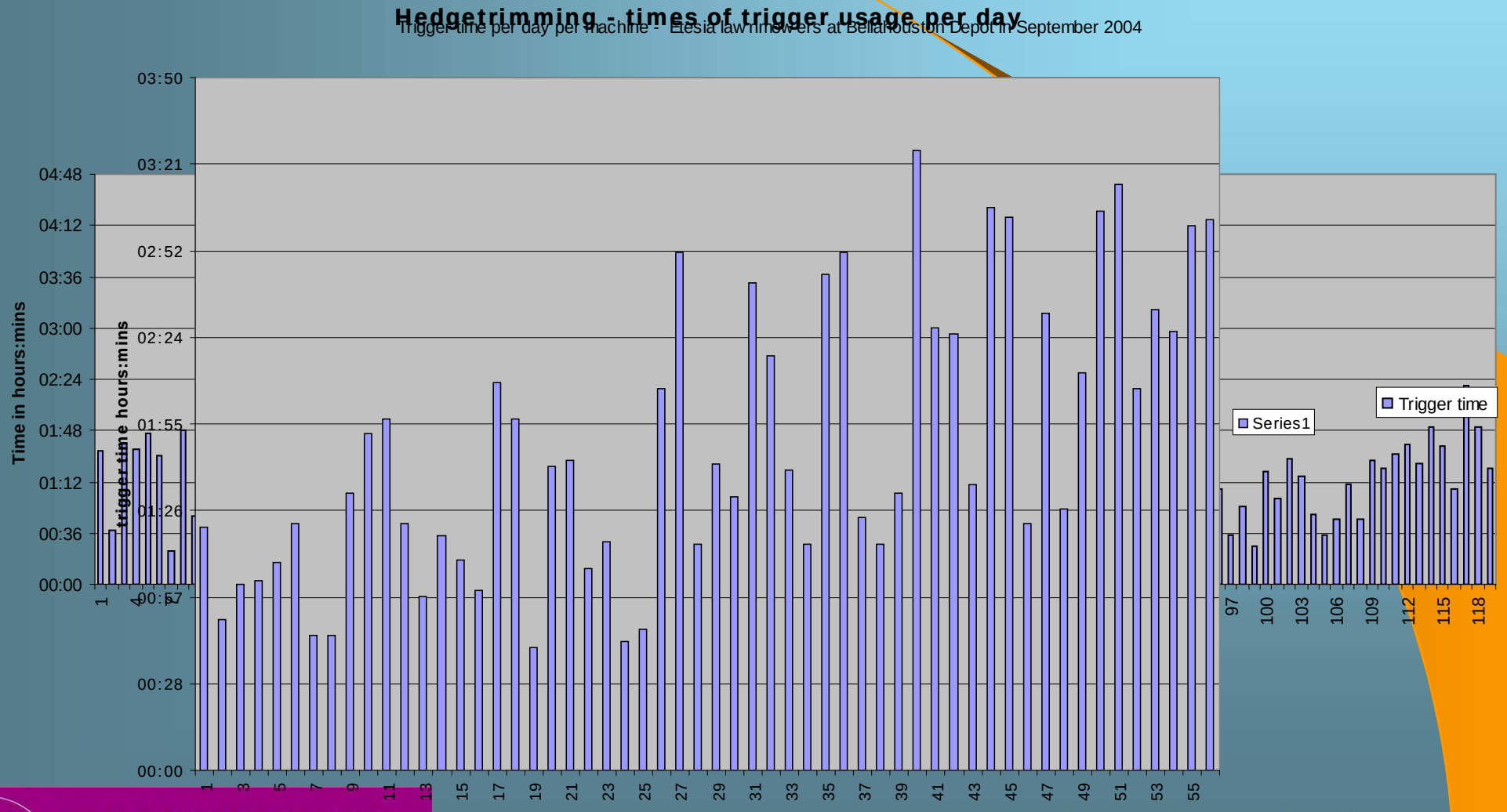
Information on magnitude

- Manufacturers Data
- HSE
- Trade/ industry associations
- Measure the actual tool

Exposure Time

- Generally overestimated
- Educated guess / accurately measure

Time of Exposure



Work at Height, Noise and Vibration

Time of Exposure

Timing Devices

- Stopwatch
- Electronic engine timers/ vibration activated timers
- Air line timers
- In line current measuring timers
- Hour timer on diesel/petrol engines

Time / daily exposure

Current Developments

EVICE

Unit is tak
magnetic
clocks u

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tool and
points
system.

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HAVS data management – new developments - Assure Safety

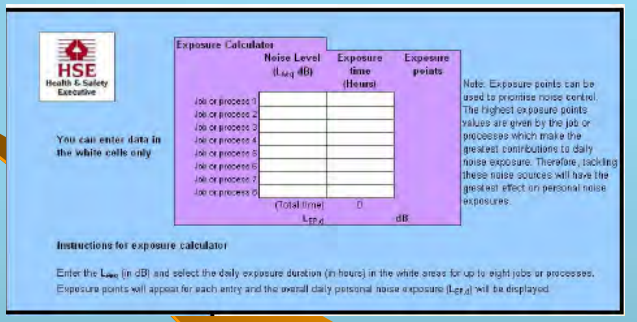
Evaluate risks and develop a plan for control

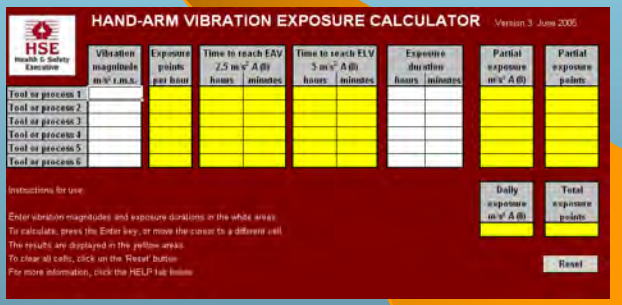
Calculate daily exposure

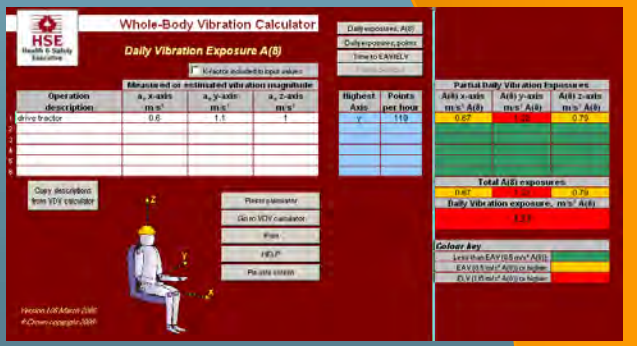
Noise and Vibration

POINTS SYSTEM

- HSE Ready-reckoner
- Own or bespoke system
- Usually the time for both noise and vibration is the same







Decide on Action Plan to manage the risk

Action Plans for Noise and Vibration

- Identify significant sources of risk
- Prioritise them in relation to risk
- Identify solutions
- Plan introduction of control measures
- Plan health surveillance
- Define management responsibilities

Evaluate risks and develop a plan for control

Land & Environmental Services current system

- Measured all plant
- Agreed exposure time (timed or estimate)
- Points system for both noise and vibration
- On one database
- Gives assumed daily exposure of all employees
- Base health surveillance on the points system.
- Review all high points activities (time or change of process)

Current developments

Occupational Health providers are now suggesting restrictions to individual workers based on the medical examination – i.e. restricting exposure to 75 or 100 points per day.

Occupational Health Providers are now suggesting that low level carbon monoxide or exposure to low levels of organic solvents in the air can increase industrial deafness

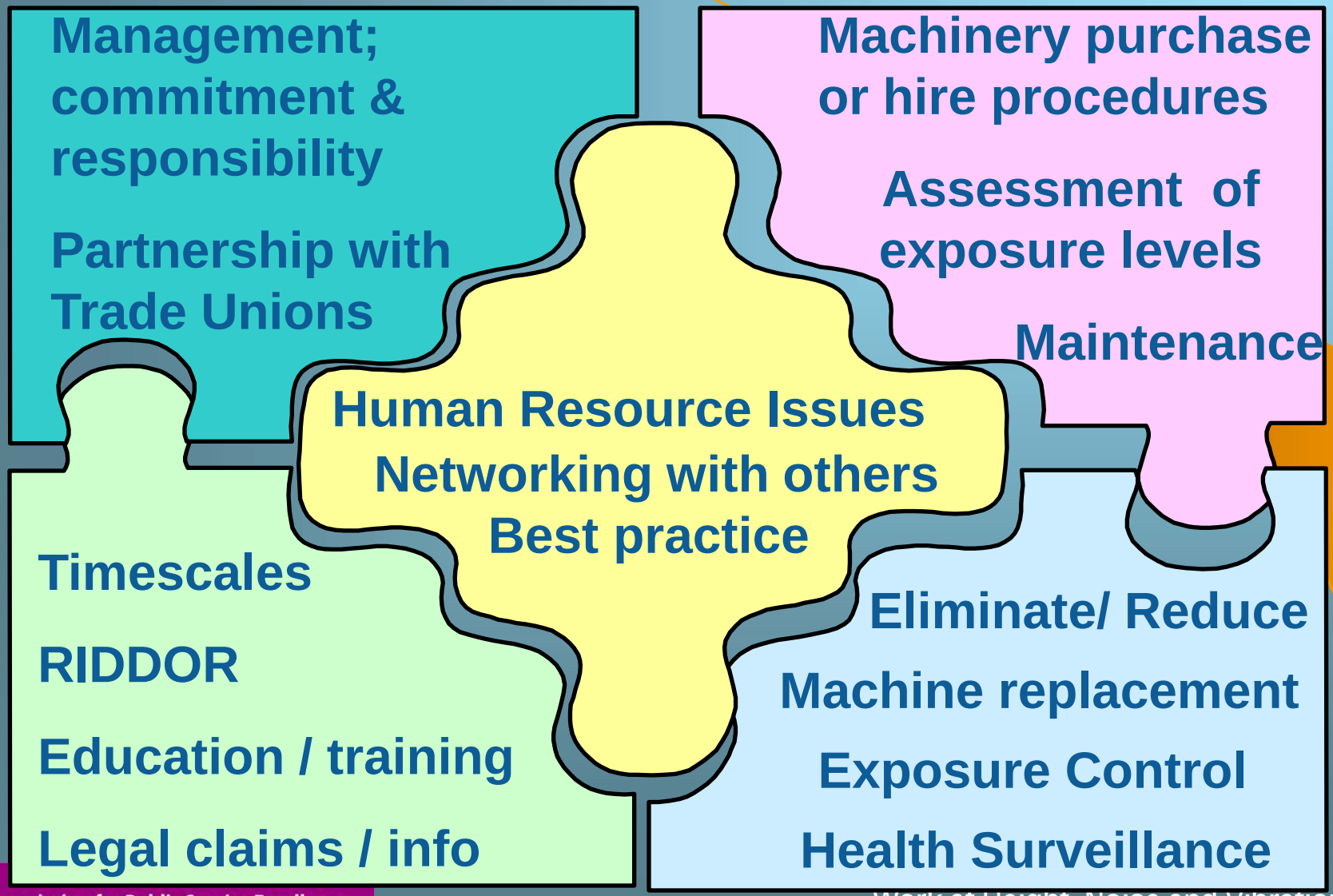
HSE e-Bulletins – go to hse.gov.uk and register

Service Delivery ?

With good management we can maximise the service delivery of services which rely on or use vibrating tools

We need a holistic action plan to manage all aspects of noise and vibration

What and Who is in the Action Plan?



Discussion

References:

Control of Vibration at Work Regulations and Guidance - L140

Control of Noise at Work Regulations and Guidance - L108

Control of whole body Vibration and Guidance - L141

Speedyhire. - http://www.speedyhire.co.uk/technical_catalogue.aspx?cat=239

OPERC (off highway plant and equipment) - www.operc.com

APSE (Association for Public Service Excellence) apse.org.uk

HSE –www.hse.gov.uk

REACTEC - vibration management systems, Stephen Dickson – steve@reactec.com

Stihl Engine timer – digital engine tachometer DET-303 part no. 0464 801 0000

Vibration activated timer – SENDEC model 806-601 V1A sendec.com

Hire Association of Europe – www.hae.org.uk also www.sheffield.ac.uk.safety.guidance/vibration.pdf

Assure Safety HAVS management system http://assuresafety.eu

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